

Rebuilding your life from the ground up.



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Rebuilding when your relationship ends

The Rebuilding Seminar is a ten-week educational program to help you adjust to the end of a love relationship. It's based on the work of Dr. Bruce Fisher, the renowned pioneer in the field of divorce recovery, and his Fisher Seminars. His definitive book, *Rebuilding: When Your Relationship Ends* is the foundation for this course.

As a seminar participant, you'll take the Fisher Divorce Adjustment Scale in the first class. The results are graphed and presented so you can see where you are in the adjustment process. Near the end of the program, you'll answer the questions again to gauge your strides toward a healthier and happier life. The FDAS and course material are time-proven and over half a million people worldwide have already benefited from the class.

Pre-Register Now

Rebuilding Seminar

February 11 - April 8, 2007
Sundays 6:00 - 9:00pm
Springhill Suites Hotel

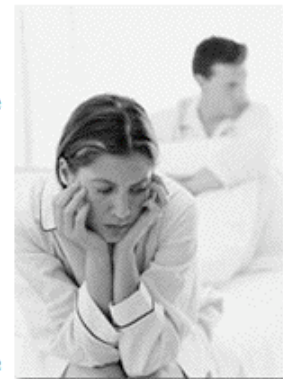
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Why you should take the Rebuilding seminar.

The end of a love relationship can be a life-shattering experience. It might have been sudden or years in the making. It's often the result of divorce but it might have been a breakup of a serious relationship or the death of your loved one. The circumstances vary, but one thing remains constant — your need to heal your heart, rebuild your trust, and get on with the rest of your life.

Our seminars are a "straight to the heart" group experience that consists of 10 weeks of structured and proven healing techniques, led by skilled facilitators using time-tested course materials. We are 100% focused on your emotional recovery and giving you the tools needed to grow beyond the pain and confusion of your divorce.

Our methods are rooted in the discoveries of Dr. Bruce Fisher, best-selling author of the Rebuilding book. More than 25 years ago, Dr. Fisher developed the Fisher Divorce Adjustment Scale (FDAS), the premier evaluation tool used by divorce counselors and therapists the world around. As part of our process, you'll take the FDAS test both before and after the seminar, so you'll be able to clearly see where you've made progress and the issues that still need work.



The Healing Power of "Caring Strangers"

The Rebuilding Seminar is a powerful and interactive group process. In addition to our facilitator, you'll be working closely with your classmates, a small group of "caring strangers" who are all going through the same kind of turmoil you are. In the beginning, you'll mostly have your pain in common, but after 10 weeks you'll have helped each other heal. More than 87% of seminar graduates surveyed describe this as the "life-changing" experience that prepared them for their new life as a single!

It's not unusual to forge some very strong friendships with your classmates. After all, these are people who have opened their hearts, displayed their pain and confusion, and worked with you to rebuild trust and intimacy. It's a very special bond that you won't quickly forget..

So, how is this going to benefit me?

To regain your footing in life after a divorce, you're likely to need help from family, friends, spiritual advisors, therapists, lawyers, accountants and more. This seminar doesn't replace them, but if the process described above rings true to you, we can help you in ways they can't.

Here's the first step—Browse this site and read the words of past graduates on our Heart Stories page. Perhaps you already know someone who's been through our seminars—more than 20,000 people in Colorado alone are graduates, along with some 300,000+ worldwide!

Then, call the Divorce Seminar Center's free Heart Message Line for a recorded message on how the Rebuilding Seminar can help you begin the process of recovery.

Then, check our [Seminar Calendar](#) and [pre-register](#) for an upcoming seminar. We offer a "100% Satisfaction Guarantee" because we're confident that you'll join our many satisfied graduates in seeing this seminar as the event that got your life back on track after your divorce...

